

WELL MAN / WOMEN HEALTH CHECKS

IF IN DOUBT CHECK IT OUT!

As you reach middle age it is advisable to take a regular health check to gain a proper appreciation of your overall state of health.

An annual check will give an early indication of any medical problems that may be developing without you necessarily being aware.

The CCR Private GP Practice medical screenings are designed to –

- Review overall health and well being.
- Detect potential problems at an early stage and, if necessary, suggest changes in lifestyle which can reduce the risk of serious illness.

These comprehensive
health checks include:

For Women

Provides an opportunity to discuss any specific concerns with the screening doctor, Including reviewing your general health and testing your urine, weight, cholesterol and blood pressure .

The Well Woman Clinic also offers a wide range of investigations and treatments for women's reproductive and sexual health issues including advice on gynaecological problems, family planning (including IUD fitting), cervical smears, breast disease , the menopause and hormone replacement therapy (HRT). Emergency contraception is also available.

For Men

- A one hour consultation with a doctor
- A full examination and investigations including a full blood screen
- Urinalysis, including the prostate specific antigen (PSA) strongly recommended for those over 45.

If you would like to find out more about the Well Man / Woman health checks at CCR please call 029 2076 4611 or visit www.privategpcardiff.co.uk We have both female and male GPs available as required



Dr Guy Marshall

Dr Anna Maclean